

WINTER GYM APPOINTMENT SCHEDULE

Effective JANUARY 2021.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	6-730am	6-730am	6-730am	6-730am	6-730am	
	740-910am	740-910am	740-910am	740-910am	740-910am	
8-930am						8-930am
	920-1050am	920-1050am	920-1050am	920-1050am	920-1050am	
940-1110am						940-1110am
12-130pm	12-130pm	12-130pm	12-130pm	12-130pm	12-130pm	12-130pm
140-310pm	140-310pm	140-310pm	140-310pm	140-310pm	140-310pm	140-310pm
320-450pm	320-450pm	320-450pm	320-450pm	320-450pm	320-450pm	320-450pm
5-630pm	5-630pm	5-630pm	5-630pm	5-630pm	5-630pm	5-630pm
640-810pm	640-810pm	640-810pm	640-810pm	640-810pm	640-810pm	640-810pm
820-10pm	820-10pm	820-10pm	820-10pm	820-10pm	820-10pm	820-10pm

***PLEASE NOTE YOU MUST BOOK BY APPOINTMENT!**